



Marriage minute

A marriage ministry of St. Andrew Lutheran Church

Serve

Galatians 5:13-18

Paul, in the book of Galatians, reminds us to serve one another in love. The idea of serving your spouse may seem odd or perhaps you have never thought of service in this way yet this is exactly how we can grow closer to our spouse. It has been said that as you serve someone, your love for them will grow and will be reflected back. God has blessed you with your spouse and one way to show your joy of that blessing is to serve your spouse. By looking for opportunities to serve one another you have demonstrated how important your spouse is and that you care about them.

Service does not mean you do everything your spouse asks all the time. Nor does it mean that only one of you is always serving. It means you need to be aware of what needs your spouse may have and seek ways to meet those needs despite everything else you may have still to do. It means putting your spouse's needs before your own. What might this look like? Doing household tasks (dishes, taking the garbage out, cleaning, mowing the lawn, etc..), planning a date-not just stating you will go on a date night but make reservations, help with the kids, watch a movie that your spouse would like even if you have no desire to watch it, serve your partner's intimacy needs.

Great marriages happen when two individuals are willing to serve one another and put their

spouse's needs before their own. If you are unsure how to serve your spouse, ASK them. I'm sure they will have a suggestion or two.

Thoughts to reflect upon:

1. What are some examples of how Christ served those around him?
2. Talk with your spouse on ways they serve you.
3. Discuss with your spouse additional ways they could serve you.
4. How does serving one another make your relationship stronger?

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